

# 2016 Phoenix HEART WALK



## Date & Location

March 19th, 2016

Location: Downtown Phoenix, Cityscape

## Event Schedule

8:00 am—Money Drop Off & Torch Decoration

8:30 am—Opening Ceremonies

9:00 am—5k Heart Walk

9:00 am—1 mile Stroke Walk

10:00 am—Healthy Heart Festival

JOIN TEAM WEST VALLEY

ISLAMIC CENTER!

REGISTER AT

<http://phoenixheartwalk.kintera.org/wvicaz>

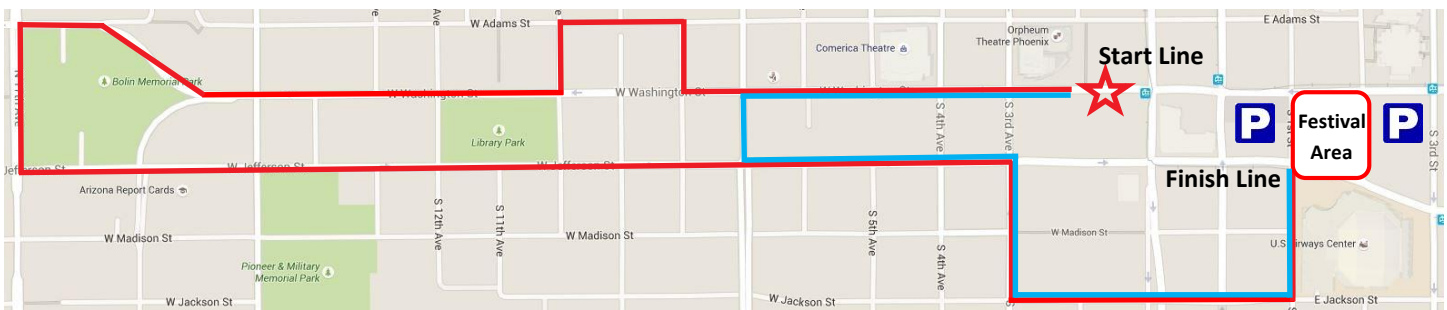
## Walk Details


The event includes: a 5k (3.1 mile) Heart Walk, a 1 mile Stroke Walk, a Kids' Fun Zone and festival area of Heart Walk sponsor booths.


Heart Walk is a celebration of life, physical activity and the fundraising that helps us fight heart disease and stroke. Join us in raising **\$1500** for research and education.


All participants are encouraged to register online and fundraise for the cause. Register today at: <http://phoenixheartwalk.kintera.org/wvicaz>


We welcome walkers of all ages, pets on leashes, and wheels of all sorts (strollers, bikes, rollerblades, etc. but please be mindful of other walkers)!



5k Heart Route 

1 Mile Stroke Route 

Light Rail Stops 

Free Parking 



Heart Walk.